**GEORGE BUSH HIGH SCHOOL**

**2018-2019 PHYSICAL EDUCATION SYLLABUS**

**Mission Statement**: The mission of the Physical Education and Health Department is to ensure that all students gain knowledge to live a productive and healthy lifestyle.

**Purpose**: In the George Bush High School Physical Education department, it is our purpose to enhance the physical, social and emotional development of each student. Through the teaching of individual, team and lifetime activities, we strive to produce healthy, confident and successful individuals who live healthy and productive lives.

**Uniforms**: Every student participating in the physical education classes are required to dress out. By dressing out, students must wear a comfortable t-shirt, shorts, sweatpants and comfortable athletic shoes. Clothing must be appropriate and follows the school dress code. No tank tops, sleeveless, short shorts, sandals or flip flops etc. Each student is responsible for bringing a combination lock for their locker and they are responsible for locking up valuables before and after each class period. All students must have their dress out materials by Sept 4, 2018.

**Grading Procedures**: The students’ grades will be based on the ability to follow the uniform requirement, daily participation in the activities in class, performance and achievements on skills & fitness opportunities and written assignments. If students does not dress out or does not participate, there will be loss of credit for the day. The student will not receive half credit under any circumstances.

Daily Grades: 50% Dressing out, Participation

Major Grades: 50% Skills Test, Fitness Test, Written Exams

**Participation Refusal**: If a student refuses to participate without a legitimate reason he/she will lose daily credit for the day, parents will be contacted. The teacher will take disciplinary action should this become a consistent problem. Students who are ill are required to have a note from home excusing them from participation. Students are allowed to bring only one such note per six weeks. If the study is ill or injured more than one day, then he/she will need a note from a doctor. In order for an injured or ill student to receive credit for the missed day, he/she must write a one-page paper over any fitness, health or sports related topic. All students whether they are ill or not will stay with the class during the allotted class period even if it means going outside.

**Absences**: It is the responsibility of the student to provide the instructor with a makeup assignment for everyday missed in class. Failure to do so will result in loss of daily credit.

**Tardies**: Students can receive a tardy in two different ways but will not receive two tardies for the class period on the same day.

1. If the student is not in the main PE Hallway by the gyms when the tardy bell rings.
2. If the student is not in the gym and ready for class SEVEN minutes aft the tardy bell rings.

**Hygiene**: Students are strongly encouraged to show after physical education class. The students are also responsible for the washing of their PE clothing/ uniforms. It is advised that each student take the uniform or clothes home and wash it every day.

General Class Procedures:

* Follow all school rules and policies
* Follow all the PE policies listed
* Respect yourself, peers and instructors
* No food, drinks or candy in the gym area at any time
* Keep dressing area and gym areas clean. Please throw all trash away
* DO NOT share lockers with any other students and keep lockers locked at all times.
* Leave valuables and large sums of money at home. Physical Education teachers are not responsible for lost or stolen items.
* No horseplay, fighting or hazing in the locker room or gym areas
* Do not use profanity
* Take care of the equipment
* Do not use aerosol cans (Deodorant or hairspray) in locker room
* Do not leave the gym area without permission from your teacher
* Do not wear hard sole shoes on the gym floor
* HAVE FUN EVERYDAY!!!